

Home

```
[et_pb_section admin_label="Section" fullwidth="on"
specialty="off"] [et_pb_fullwidth_slider admin_label="Fullwidth
Slider" show_arrows="off" show_pagination="on" auto="on"
auto_speed="7000" auto_ignore_hover="off" parallax="off"
parallax_method="off" remove_inner_shadow="off"
background_position="default" background_size="default"
hide_content_on_mobile="off" hide_cta_on_mobile="off"
show_image_video_mobile="off" header_font_size="46"
body_font_size="16" custom_button="off" button_text_size="20"
button_border_width="2" button_border_radius="3"
button_letter_spacing="0" button_use_icon="default"
button_icon_placement="right" button_on_hover="on"
button_border_radius_hover="3" button_letter_spacing_hover="0"
top_padding="250px" bottom_padding="250px"] [et_pb_slide
background_image="http://lyndasletters.nz/wp-content/uploads/2
016/01/Jaida-and-Kyra-Mae-2016-min.jpg"
background_position="default" background_size="default"
background_color="#ffffff" alignment="center"
background_layout="dark" allow_player_pause="off"
admin_title="Jaida-and-Kyra-Mae-2016"
header_font_select="default" body_font_select="default"
custom_button="off" button_font_select="default"
button_use_icon="default" button_icon_placement="right"
button_on_hover="on"] [/et_pb_slide] [et_pb_slide
background_image="http://lyndasletters.nz/wp-content/uploads/2
016/01/20160107_MumAndLuke-min.jpg"
background_position="default" background_size="default"
background_color="#ffffff" alignment="center"
background_layout="dark" allow_player_pause="off"
admin_title="Lynda and Luke in Oncology Day Stay"
header_font_select="default" body_font_select="default"
custom_button="off" button_font_select="default"
button_use_icon="default" button_icon_placement="right"
button_on_hover="on"] [/et_pb_slide] [et_pb_slide
```

```
background_image="http://lyndasletters.nz/wp-content/uploads/2016/01/Wilsons-and-others-Xmas-2015-min.jpg"
background_position="default" background_size="default"
background_color="#ffffff" alignment="center"
background_layout="dark" allow_player_pause="off"
admin_title="Wilsons-and-others-Xmas-2015"
header_font_select="default" body_font_select="default"
custom_button="off" button_font_select="default"
button_use_icon="default" button_icon_placement="right"
button_on_hover="on"] [/et_pb_slide][et_pb_slide
background_image="http://lyndasletters.nz/wp-content/uploads/2015/11/NWH-Statue-attempt.jpg" background_position="default"
background_size="default" background_color="#ffffff"
alignment="center" background_layout="dark"
allow_player_pause="off" admin_title="nwh statue"
header_font_select="default" body_font_select="default"
custom_button="off" button_font_select="default"
button_use_icon="default" button_icon_placement="right"
button_on_hover="on"] [/et_pb_slide][et_pb_slide
background_image="http://lyndasletters.nz/wp-content/uploads/2015/11/2015-Wig.jpg" background_position="default"
background_size="default" background_color="#ffffff"
alignment="center" background_layout="dark"
allow_player_pause="off" admin_title="Wig"
header_font_select="default" body_font_select="default"
custom_button="off" button_font_select="default"
button_use_icon="default" button_icon_placement="right"
button_on_hover="on"] [/et_pb_slide][et_pb_slide
background_image="http://lyndasletters.nz/wp-content/uploads/2015/12/Tristans-Birthday.jpg" background_position="default"
background_size="default" background_color="#ffffff"
alignment="center" background_layout="dark"
allow_player_pause="off" admin_title="Tristans Birthday"
header_font_select="default" body_font_select="default"
custom_button="off" button_font_select="default"
button_use_icon="default" button_icon_placement="right"
button_on_hover="on"] [/et_pb_slide][et_pb_slide
```

```
background_image="http://lyndasletters.nz/wp-content/uploads/2015/11/climage-change2.jpg" background_position="default"
background_size="default" background_color="#ffffff"
alignment="center" background_layout="dark"
allow_player_pause="off" admin_title="climate change march"
header_font_select="default" body_font_select="default"
custom_button="off" button_font_select="default"
button_use_icon="default" button_icon_placement="right"
button_on_hover="on"] [/et_pb_slide][et_pb_slide
background_image="http://lyndasletters.nz/wp-content/uploads/2015/11/Dinner-at-Ruths-2015.jpg" background_position="default"
background_size="default" background_color="#ffffff"
alignment="center" background_layout="dark"
allow_player_pause="off" header_font_select="default"
body_font_select="default" custom_button="off"
button_font_select="default" button_use_icon="default"
button_icon_placement="right" button_on_hover="on"
admin_title="Dinner at Ruths"] [/et_pb_slide][et_pb_slide
background_image="http://lyndasletters.nz/wp-content/uploads/2015/11/2015-11-22-Lynda-n-Tristan.jpg"
background_position="default" background_size="default"
background_color="#ffffff" alignment="center"
background_layout="dark" allow_player_pause="off"
header_font_select="default" body_font_select="default"
custom_button="off" button_font_select="default"
button_use_icon="default" button_icon_placement="right"
button_on_hover="on" admin_title="With Tristan"]
[/et_pb_slide][et_pb_slide
background_image="http://lyndasletters.nz/wp-content/uploads/2015/11/grandson-attempt.jpg" background_position="default"
background_size="default" background_color="#ffffff"
alignment="center" background_layout="dark"
allow_player_pause="off" admin_title="Grandson"
header_font_select="default" body_font_select="default"
custom_button="off" button_font_select="default"
button_use_icon="default" button_icon_placement="right"
button_on_hover="on"] [/et_pb_slide][et_pb_slide
```

```
background_image="http://lyndasletters.nz/wp-content/uploads/2015/11/Tehenga-photos-of-photo-web.jpg"
background_position="default"    background_size="default"
background_color="#ffffff"      alignment="center"
background_layout="dark"        allow_player_pause="off"
admin_title="Te Henga Photographer"
header_font_select="default"    body_font_select="default"
custom_button="off"            button_font_select="default"
button_use_icon="default"       button_icon_placement="right"
button_on_hover="on"] [/et_pb_slide][et_pb_slide
background_image="http://lyndasletters.nz/wp-content/uploads/2015/11/Samoa2012-094webmed1200-900.jpg"
background_position="default"    background_size="default"
background_color="#ffffff"      alignment="center"
background_layout="dark"        allow_player_pause="off"
header_font_select="default"    body_font_select="default"
custom_button="off"            button_font_select="default"
button_use_icon="default"       button_icon_placement="right"
button_on_hover="on"    admin_title="Samoa 2012"]
[/et_pb_slide][et_pb_slide
background_image="http://lyndasletters.nz/wp-content/uploads/2015/11/slider-beachsun2.jpg"    background_position="default"
background_size="default"    background_color="#ffffff"
alignment="center"    background_layout="dark"
allow_player_pause="off"    header_font_select="default"
body_font_select="default"    custom_button="off"
button_font_select="default"    button_use_icon="default"
button_icon_placement="right"    button_on_hover="on"
admin_title="Beach - Sun"] [/et_pb_slide][et_pb_slide
background_image="http://lyndasletters.nz/wp-content/uploads/2015/11/slider-beachwalk2.jpg"    background_position="default"
background_size="default"    background_color="#ffffff"
alignment="center"    background_layout="dark"
allow_player_pause="off"    admin_title="Beach - Walk"
header_font_select="default"    body_font_select="default"
custom_button="off"    button_font_select="default"
button_use_icon="default"    button_icon_placement="right"
```

```
button_on_hover="on"] [ /et_pb_slide]
[/et_pb_fullwidth_slider][ /et_pb_section][et_pb_section
admin_label="section"][et_pb_row
admin_label="row"][et_pb_column type="1_4"][et_pb_team_member
admin_label="Person" name="Lynda"
image_url="http://lyndasletters.nz/wp-content/uploads/2015/11/
Lynda-about.jpg" animation="fade_in" background_layout="light"
header_font_size="18" body_font_size="14"
use_border_color="off" border_color="#ffffff"
border_style="solid"] Mother, Grandmother, Friend, Health
Activist now Health Consumer
[/et_pb_team_member][ /et_pb_column][et_pb_column
type="3_4"][et_pb_text admin_label="Home Page Blurb"
background_layout="light" text_orientation="left"
text_font_size="14" use_border_color="off"
border_color="#ffffff" border_style="solid"] On 9 October
2015, following a CT scan, I was confronted with the fact that
I had pancreatic cancer and that it had spread. Although I
knew very little about pancreatic cancer, I knew enough to
know that I had just received a death sentence. I really had
no other option but to begin my dance with Mr D. I have
decided to write about what is happening to me as a way of
processing the awful truth that my life is about to end, and
also to help my family and friends share the journey with me
in whatever way they choose.
```

About Me

I am 65 years old, the mother of 5 children and the grandmother of 6 grandchildren. I was fortunate enough to find my work in the world in my late 20s, and for over 35 years I have worked in the women's health community as a women's health activist. I believe there is still a great deal to be done to improve the very complex health system that we now have, and I was looking forward to another decade or two of working on it. However, this is not to be.

```
[/et_pb_text][et_pb_text admin_label="Text"
background_layout="light" text_orientation="left"
text_font_size="14" use_border_color="off"
border_color="#ffffff" border_style="solid"]
```

Latest Posts

```
[/et_pb_text][et_pb_blog admin_label="Blog" fullwidth="on"
posts_number="3" include_categories="4" show_thumbnail="on"
show_content="off" show_more="on" show_author="on"
show_date="on" show_categories="on" show_comments="on"
show_pagination="on" offset_number="0"
background_layout="light" use_dropshadow="off"
header_font_size="18" meta_font_size="14" body_font_size="14"
use_border_color="off" border_color="#ffffff"
border_style="solid"]
[/et_pb_blog][et_pb_column][et_pb_row][et_pb_section]
```