

# Easter 2016 at Mangawhai Heads

I got to spend some time over the Easter break in Mangawhai Heads at the lovely home of some friends. My daughter and her family took me up there via Helensville and the Kaipara Harbour which is always such a wonderfully scenic trip. They had booked a cottage on the outskirts of Mangawhai Village with great rural views.

The autumn weather was amazingly warm, the grandchildren had a great time playing in the tidal estuary at Mangawhai Heads, and slowly became friends with my friends' two dogs, while I was fed and bought cups of tea and generally pampered and looked after. I needed really needed the break away from Auckland – and the pampering – and I just lapped it up.

On Monday I was bought back home to face the week of my next chemotherapy session.



